



XVIII General Chapter

# MULTIPLYING OUR LOAVES

DOCUMENT OF REFLECTION  
FOR THE CHAPTER YEAR



SOCIETY OF  
SAINT TERESA  
of Jesus





# MULTIPLYING OUR LOAVES

Mk 6,30-34

## DOCUMENT OF REFLECTION FOR THE CHAPTER YEAR

### Introduction

This document is meant to be an itinerary for walking together during this Chapter year, both personally, as a community, and as a group. The materials that we present to you have a double purpose: first, to deepen the call to walk a path of openness and conversion towards A NEW AWARENESS OF OUR COMMUNITY IDENTITY; second, to elaborate contributions for the Provincial and General Chapters.

The document is divided into two main sections. The first: **"Widen the space of your tent"**, consists of two parts (1A and 1B), which will bring us closer to different perspectives and experiences so we can look at reality, our contexts, and the Society based on criteria that will broaden our awareness of our community identity. The second, which also has two parts (2A and 2B) **"How many loaves do you have... they all ate and were satisfied"**, offers us guidelines for community discernment and the elaboration of our contributions.

In each part, we can find various themes or content with different proposals for activities: community meetings, personal or group readings, videos, workshops, community prayers, retreats which allow for different rhythms and preferences in the use of the materials.

In order to realize this journey of reflection and experience on the Chapter theme, it is very important that each province **organize the way of using the materials so as to assure the broad, rich, and varied participation** that we desire. Although the majority of the materials are oriented to personal and community work, they can easily be adapted for use in larger, intercommunity groups, in provincial or regional assemblies, in formation meetings for educators and meetings with lay people from our apostolic works and provinces or in groups of the Teresian family, TAM, FundEO and other Teresian entities.

In addition to the diverse ways of using the materials, we offer **options to go deeper, according to three different objectives**. Throughout the document we will indicate the steps of the itinerary according to each of the options. Below, we briefly explain the objectives of each option:



→ **Option for the elaboration of contributions<sup>1</sup>** : This option allows us to go through the journey by getting in touch with some basic themes in order to open ourselves to a new awareness of our community identity and offers guidelines for a community discernment that ends with the elaboration of contributions.

The planned duration is about 3 months, so that the communities or reflection groups will be able to hold the meetings and present the contributions in the time established in each province.

**The topics for the basic itinerary are:**

- Spirituality for a community identity
- Vulnerability as an opportunity to meet with others.
- Listening to the older sisters of the Society
- Synodal and intercultural leadership experiences

→ **Option for further deepening:** once the contributions have been sent, the materials offered in the document will help us to continue deepening in the chapter theme, choosing other themes from section 1A and 1B that have not been used before and selecting some activities from each theme.

→ **Option to work in groups on specific topics of interest, either to go deeper or to send contributions:** the breadth of topics and resources can make it easier for each province to continue working on the Chapter theme and to go deeper into aspects that may be of special interest to some sisters or lay people, according to the areas in which they carry out their educational mission or the contexts in which they find themselves.

**The specific topics offered for further study are:**

- Teresian spirituality and community identity of Henry de Ossó,
- Global citizenship and transformative educational experiences,
- Contributions of indigenous peoples and the Ubuntu philosophy,
- The world of young people
- The search for an economy and a politics at the service of the common good
- A look at community awareness from the point of view of immigration and women.

➤ *Materials can be downloaded and will continue to be available on [www.stjteresianas.org](http://www.stjteresianas.org)*

*Each community or group can carry out all the proposed activities, accessing the articles and videos offered within each topic.*

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<sup>1</sup> We understand by **CONTRIBUTIONS**, everything that enriches, makes explicit or deepens the meaning and content of the Chapter theme, and offers lines of action to implement it in our Teresian life and in the different areas of mission.

We understand by **PROPOSALS**, specific actions, alternative projects or initiatives that require modification of the Constitutions or involve significant changes in the life of the Society that cannot be approved by the Provincial or General government.

## Explanation of the materials contained in the document

1. In each topic you will find a **GUIDE** with the necessary indications for the personal work and the development of the community or group meeting. In the guide you will find the theme of the meeting, the objectives of the activity, the materials needed for the personal and group work and the guidelines to carry it out. Also, in some guides you will find other materials in case you want to go deeper.

→ **THE FOLLOWING ICONS WILL FACILITATE THE USE OF THE GUIDE:**



**Section 1:**  
**WIDEN THE SPACE OF YOUR TENT**



**Section 2:**  
**HOW MANY LOAVES OF BREAD DO YOU HAVE...? THEY ALL ATE AND WERE SATISFIED.**

→ **TO INDICATE THE SPECIFIC TOPIC OF THE GUIDE:**

THEME	ICON
Spirituality	
Vulnerability	
Teresian Spirituality	
Indigenous Peoples Ubuntu	
Synodality	

Global Citizenship	
Economy	
Politics	
Immigration	
Young people	
Women	

→ TO KNOW THE CONTENT OF THE EXPERIENCES:

Older Sisters		Educational Experiences	
Synodal and intercultural leadership		Indigenous peoples of the Huasteca zone of Mexico	
Working with other organizations and congregations		Presence in the Ecuadorian Amazon	

→ TO PREPARE PERSONAL OR GROUP WORK:



Materials



Duration



Guide for the Activity



To go deeper

2. In addition to the guides you will find **TWO WORKSHEETS** - personal and communal - to take note of what resonates with you and which will help us to discern further:

- Personal Listening Sheet:** This is to personally collect what resonates with us, our concerns, and invitations we feel. It will help us to follow the thread of what the Spirit is awakening in each one and prepare us for the discernment for the elaboration of contributions at the end of the process. We invite you to write down, after each theme, what you have felt about what you have read, seen and shared, and what moves you.

[Download personal sheet](#)

- Community Listening Sheet:** This is to collect the invitations and community calls after each session and to follow the thread of what the Spirit is stirring up in the community. It will be a matter of discernment for the elaboration of the contributions. We will note down the challenges and invitations that we hear as a community.

[Download community sheet](#)

# DOCUMENT OUTLINE

## **0. We enter this time and prepare ourselves**

### **1. "Widen the space of your tent".**

#### **1A. We open ourselves to different perspectives based on a new awareness of community identity.**

1. BORN FOR COMMUNION? Spirituality for a community identity.
2. VULNERABILITY, STRENGTH OR WEAKNESS?
3. IN THE FOOTSTEPS OF GIANTS. Teresian spirituality and community identity.
4. LEARNING WISDOM. Indigenous peoples and ubuntu.
5. WALKING TOGETHER. Synodality.
6. SONS AND DAUGHTERS OF THE SAME WORLD. Global citizenship.
7. DOES EVERYTHING BELONG TO EVERYONE? An economy at the service of the common good.
8. BUILDING TOGETHER? A politics at the service of an authentic common good.
9. BROTHERS AND SISTERS OF THE SAME GOD? Immigration.
10. HOPE IS BOLD. Young people, a sign of hope.
11. SEEDS OF TRANSFORMATION. Woman

#### **1B. We learn more about different experiences and processes in the Society, Teresian projects, Teresian family.**

1. LISTENING TO LIFE GIVEN. Our Older Sisters
2. LISTENING TO LIFE IN ORDER TO SERVE. Synodal and intercultural leadership
3. LISTENING TO LIFE WITH OTHERS. Working with other organizations and congregations.
4. LISTENING TO LIFE THAT GROWS. Educational experiences
5. LISTENING TO LIFE AT ITS ROOTS. Indigenous peoples of the Huasteca Zone of Mexico.
6. LISTENING TO THE LIFE OF THE EARTH. Presence in the Ecuadorian Amazon

## **2. How many loaves of bread do you have?... they all ate and were satisfied.**

### **2A. "How many loaves do you have? Go and see".**

1. Prayerful reading
2. Retreat in community

### **2B. "They all ate and were satisfied": A horizon of hope.**

Meeting for community discernment and elaboration of proposals.

## WE ENTER THIS TIME AND PREPARE OURSELVES

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*Encouraged by the Spirit, in dialogue with the reality of the world and invited by Jesus to share what we are and what we have, we feel called to walk a path of openness and conversion towards a NEW AWARENESS OF OUR COMMUNITY IDENTITY.*



XVIII General Chapter

This is the invitation that we received as a Society at the Pre-Chapter meeting held in May and June 2022 and which we want to deepen during this Chapter year.

We begin the journey with a first community meeting to prepare ourselves for the process with a video presentation and to pray together. United with the whole Society we begin this time of grace and discernment.

The infographics of the Chapter theme and of the reflection document are presented to the community and given to each sister.

[VIDEO PRESENTATION of the materials for the Chapter Year](#)

[Community prayer \(English\)](#)

[Descargar carpeta \*\*Oración Entrar y disponernos\*\*](#)

[Anexo 1: Canto: Espíritu Santo Ven](#)

[Anexo 2: Dibujo tienda](#)

[Anexo 3: Video canto: “Abre mis puertas” Ain Karem](#)

[Anexo 4: Video canto: “El Señor nos bendiga” varios intérpretes](#)

### **INFOGRAPHICS**

[Infographic – Document of reflection](#)

[Infographic – 1A Widen the space of your tent](#)

[Infographic – 1B Widen the space of your tent](#)

[Infographic – Chapter theme 1](#)

[Infographic – Chapter theme 2](#)

[Infographic – Chapter theme 3](#)



# 1. WIDEN THE SPACE OF YOUR TENT

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*"Widen the space of your tent, spread out your tent cloths unsparingly; lengthen your ropes and make firm your pegs. For you shall spread abroad to the right and left."*

Is 54:2-3

This section is an invitation to open ourselves to different perspectives that can help us to accept a new way of looking at reality, based on the call to ***follow a path of openness and conversion towards a new awareness of our community identity.***

It offers us reflections and questions to "lengthen our tent ropes", to go beyond our limits and let the Spirit move us beyond the known.

In this part we will work from two approaches: an openness to different aspects or perspectives that illuminate the theme of community identity to which the Church and our world invite us - section 1A-; and a look at different experiences, projects, and signs of life that are being lived in the Society, through sisters and concrete educational projects - section 1B-.

## 1A. Openness to different perspectives in view of community identity.

The **two basic themes** of this section for the option of elaborating contributions are spirituality and vulnerability. For this reason, we encourage all the communities to dedicate two sessions to work on them, following the indications of the guides and appendixes that are in the materials.

To complete **the option for the elaboration of contributions**, we also suggest that a third theme be chosen according to the preferences of the community or group. In other words, the work proposal for all the communities is as follows:

- Theme 1: Spirituality.
  - Theme 2: Vulnerability.
  - Another theme from section 1A to be chosen by the group/community.
- **Option for further deepening:** as we mentioned in the introduction, once the contributions have been sent to the Provincial Chapter, we encourage you to continue to approach other perspectives that enlighten us for the journey of openness and conversion towards a new awareness of our community identity. For this purpose, the materials of the themes not previously worked on are available.
- **Option to work in groups on specific topics of interest, either to go deeper or to send contributions:** some of the topics can be selected to work on with specific groups of the province according to their interests or formation needs: educators of

our apostolic works, personnel, groups of catechists, groups of the Teresian family, networks or groups by areas of mission in the provinces, meetings with parish or diocesan groups, etc.

## 1. BORN FOR COMMUNION? Spirituality for a community identity.



Aware that true spirituality is that which leads us to recognize and live our relational identity, we begin this journey by approaching our own experience of spirituality and approaching various authors who speak to us about the spirituality of connection, Trinitarian spirituality, community spirituality and the good way of life.

**A personal reading and a community meeting** are proposed. The guide offers alternatives for personal work and the development of the meeting, taking into account the different community realities.

[Link to the folder \*\*SPIRITUALITY\*\*](#)

[Guide](#)

[Anexo 1: Dinámica para motivación](#)

[Appendix 2: All in All. excerpt by José Eizaguirre](#)

[Appendix 3: Exercise. Finish the sentences](#)

[Appendix 4: Video The Trinity restores to Glory](#)

[Appendix 5: Text by Leonardo Boff: The Cry of the Poor](#)

[Appendix 6: Text by Leonardo Boff: Another Global Agenda](#)

[Anexo 7: Canción Jorge Drexler: Todo se transforma](#)

[Anexo 8: Video-Canción sobre el buen vivir](#)

[Appendix 9: Text by Miguel Ángel Gullón: El buen vivir \(The Good Way of Life\)](#)

## 2. VULNERABILITY, STRENGTH OR WEAKNESS?



This proposal aims to bring us closer to vulnerability as a transforming life experience that can open us to a new awareness of our community identity. It contains a **community prayer** and a **meeting** to share personal reflection based on various texts:

- Vulnerability: fragility chosen and oriented towards others
- Self-awareness of vulnerability
- Fragility defines the human being as a relational being.
- Vulnerability is weakness?
- Embracing our vulnerability

[Link to the folder community meeting Vulnerability](#)

[Guide](#)

[Appendix 1: For personal reflection. Vulnerability \(texts\)](#)

[Link to the folder Community Prayer Vulnerability](#)

[Community Prayer](#)

[Anexo 1: Oración: Canción "En mi debilidad"](#)

[Anexo 2: Oración: Video "Pequeño y pobre"](#)

### 3. IN THE FOOTSTEPS OF GIANTS. Teresian spirituality and community identity.



A look at Henry de Ossó from a community perspective that can lead us to a reflection on our way of living "the communitarian" and our way of responding to current challenges with others.

A **workshop** is offered based on the article *Identidad comunitaria y asociacionismo in Enrique de Ossó*. Each group or community can choose how to carry it out using the whole article or an extract from it.

[Descargar carpeta ESPIRITUALIDAD](#)

[Guía](#)

[Anexo 1: Identidad comunitaria y asociacionismo en E. de O. – Gemma Bel \(reducido\)](#)

[Anexo 2: Identidad comunitaria y asociacionismo en E. de O. – Gemma Bel \(completo\)](#)

[Anexo 3: Video: Bandadas de estorninos](#)

[Anexo 4: Texto Texto de Glòria Díaz Leonart](#)

[Anexo 5: Canción "Somos redes"](#)

### 4. LEARNING WISDOM. Indigenous peoples and ubuntu.



"We are with others." (We only know ourselves in relationship with others.) "I am because we are". These expressions reflect the experience of a community identity, which is essential in the cosmovision of the indigenous peoples and the Ubuntu culture. For this reason, they are included in this reflection document for the chapter theme. With the activities in this section we will have the opportunity to go beyond our contexts and paradigms and open ourselves to the richness that these cultures offer us. It can be a beautiful experience for our communities in the three continents, making the leap from our own contexts to what some of our sisters in the Society live in other places.

The first proposal for a **community meeting will** lead us to get to know some elements of the cosmovision of the indigenous peoples with respect to life in common.

The second proposal is also a **community meeting**, in which we will approach the five pillars of the Ubuntu method that develops five basic competencies for personal growth: self-knowledge, self-confidence, resilience, empathy, and service.

[Descargar la carpeta PUEBLOS ORIGINARIOS MÉXICO](#)

[Guía](#)

[Anexo1: Video: Hacer comunidad ¿qué es el tequio?](#)

[Anexo 2: Video: Tequio. Oxeloco](#)

[Anexo 3: Texto: Aprender la sabiduría](#)

[Anexo 4: Video: La danza de xochipitzahuatl](#)

[Descargar la carpeta UBUNTU](#)

[Guía](#)

[Anexo 1: Video: Thiago Rodrigo - Ubuntu](#)

[Anexo 2: Texto: Leyenda africana sobre cooperación](#)

[Anexo 3: Texto: Los 5 pilares Ubuntu](#)

[Anexo 4: Video Mãos Dadas](#)

[Anexo 4b: Letra canción Mãos Dadas](#)

## 5. WALKING TOGETHER. Synodality.



Aware that each community has worked on the theme of SYNODALITY in different spaces, we propose that we **revisit the path taken up to now** and invite us to "Walk together" from a change of mind and heart that leads us to look again and to change our structures, ways and forms to facilitate the experience of synodality.

The proposal consists of **two workshops** that can be done in community or with groups of people with whom we share the mission.

The first workshop invites us to look at the attitudes that dispose us to live in the light of synodality and asks us to look at section II.6 of the Memoir of Gratitude (Memoria Agradecida) elaborated by the General Government-- Government at the service of Teresian religious life on the way to synodality.

The second workshop called *Church and Synodality* brings us closer to section I.2 of the Memoria Agradecida, on the ecclesial context. It is designed for a community meeting.

**All materials are in Spanish**

[Descargar carpeta SINODALIDAD Taller 1](#)

[Guía](#)

[Anexo 1: Video: Busquemos camino](#)

[Anexo 2: Rutina de pensamiento](#)

[Anexo 3: Video: Introducción a la sinodalidad](#)

[Anexo 4: Texto: Para reconocer...](#)

[Anexo 5: Video: Mujeres al alba. La esperanza despunta ya](#)

[Anexo 6: Texto: Gobierno en camino de sinodalidad](#)

Para profundizar:

[a. Vademecum](#)

[b. Artículo sobre sinodalidad de Rafael Luciani](#)

[c. Artículo “Espiritualidad de la sinodalidad” de Nurya Martínez-Gayol, aci](#)

[d. Video: Es tiempo de caminar juntos](#)

[e. Sinodalidad conversatorio: hagamos camino juntos](#)

[Descargar carpeta IGLESIA Y SINODALIDAD Taller 2](#)

[Guía](#)

[Anexo 1: Mandalas](#)

[Anexo 2: Contexto eclesial: Memoria agradecida](#)

[Anexo 3: Video: Himno Asamblea Eclesial de América Latina y Caribe](#)

## **6. SONS AND DAUGHTERS OF THE SAME WORLD. Global Citizenship**



Global challenges affect the world as a whole. We are connected. We are interdependent. There is already much more that unites us than separates us. Can we concern ourselves only with individual issues, forgetting the networks of solidarity, of care and management of what is held in common?

In the first one we will deepen our awareness as global citizens and we will consider those things that we are invited to contribute because of our Christian identity. In the second we will approach the term global citizenship and we will learn about the process that is being developed in the Society and in the different Teresian educational projects working on the Global Education Pact. In the third, a workshop for educators, we will reflect on how to help create habits of behavior of global citizens. And finally, in the fourth proposal, we will deepen in the paradigm of "Caregiving" ("Cuidadania"), a paradigm for social transformation through care and interdependence.

[Descargar \*\*Propuesta 1 CIUDADANÍA GLOBAL. Por una ciudadanía con espíritu\*\*](#)

[Guía](#)

[Anexo 1: Artículo: Una ciudadanía con espíritu. Patxi Álvarez](#)

[Anexo 2: Para la recogida de la reflexión](#)

[Para profundizar: Artículo completo de Patxi Álvarez sj](#)



[Descargar Propuesta 2 \*\*CIUDADANÍA GLOBAL. Pacto Educativo Global\*\*](#)

[Guía](#)

[Anexo 1: Texto: Hijos e hijas del mismo mundo](#)

[Anexo 2: Para la recogida de la reflexión](#)

[Anexo 3: Infografía Calendario PEG](#)

[Anexo 4: Resonancias teresianas del PEG](#)

[Para profundizar: Libro Ciudadanía global SM \(por bloques\)](#)

[Descargar Propuesta 3 \*\*CIUDADANÍA GLOBAL. Taller educadores\*\*](#)

[Guía](#)

[Anexo 1: Video: Un sueño](#)

[Anexo 2: Educar el ser y la acción cosmopolitas. Rafael Díaz-Salazar](#)

[Anexo 3.1: Virtudes Diálogo y Cuidado](#)

[Anexo 3.2: Virtudes Piedad y Contemplación](#)

[Anexo 3.3: Virtudes Autocontención y Compasión](#)

[Anexo 3.4: Virtudes Hambre y Sed de justicia](#)

[Descargar Propuesta 4 \*\*CIUDADANÍA GLOBAL. Ciudadanía\*\*](#)

[Guía](#)

[Anexo 1: Ciudadanía. Texto José Laguna](#)

[Anexo 2: Video: ciudadanía](#)

[Anexo 3: Hoja de reflexión](#)

[Anexo 4: Video Somos Redes](#)

[Para profundizar: Artículo Ciudadanía. Pepe Laguna](#)

[Para profundizar: Cuaderno de CJ. Vulnerables. Pepe Laguna](#)

## **7. DOES EVERYTHING BELONG TO EVERYONE? An economy at the service of the common good.**



The social and ecological crisis we are living through reminds us every day that we need other ways of approaching and living an economy that better takes into account people and the planet, promoting the common good over particular interests.

In this section we offer three proposals to present alternative economic paradigms to those that predominate today.

The first proposal presents some lines of action proposed by Pope Francis to achieve an economy at the service of life. The Pope proposes a way of managing the economy that puts

the person at the center, cares for the environment, and promotes development that is more human in character. We are offered several texts for **personal reading and community dialogue**.

In the second proposal, a critical analysis of current economic organizations and some options for an economy of the common good is encouraged. **A video on this topic and a group discussion are proposed.**

The third proposal brings us closer to **concrete examples** of companies and projects that are already applying new criteria and methodologies for a more circular, social, and supportive economy that is committed to the common good. As far as possible, it would be good to carry out this activity and **personally get to know some of these initiatives** in our closest contexts.

[Descargar Propuesta 1: ECONOMÍA Papa Francisco](#)

[Guía](#)

[Anexo 1: Textos Economía Papa Francisco](#)

[Descargar Propuesta 2: ECONOMÍA Nuevos paradigmas](#)

[Guía](#)

[Anexo 1: Video Por la economía del bien común](#)

[Anexo 2: Economía, nuevos paradigmas. Fernando Bonete](#)

[Descargar Propuesta 3: ECONOMÍA Casos prácticos](#)

[Guía](#)

[Anexo 1: Texto con algunas iniciativas](#)

[Anexo 2: Video: La persona es lo primero](#)

## **8. BUILDING TOGETHER? A politics at the service of an authentic common good.**



The call to conversion towards a new awareness of our community identity also involves opening ourselves to a reflection on politics and our commitment to it. For this theme, we propose deepening in chapter 5 of *Fratelli tutti*; it presents a critical vision of the current political tendencies that leave aside the most disadvantaged and calls us to live politics as a service to create universal fraternity and social peace.

The work dynamic proposed is a **community dialogue based on a video presentation of the *Fratelli tutti* chapter.**

[Descargar carpeta POLÍTICA](#)

[Guía](#)

[Anexo 1: Video: Cinco panes](#)

## 9. BROTHERS AND SISTERS OF THE SAME GOD? Immigration.



Looking at reality from the point of view of immigration can also transform us and lead us to respond from a new community identity.

The three proposals in this section invite us to reflect personally and with others by watching a **film** together and the subsequent commentary; with the **reading of a text on welcoming communities**, for personal and community reflection; and through music and various **testimonies** of people who have lived this migratory experience with great hardship.

[Descargar Propuesta 1 INMIGRACIÓN](#)

[Guía](#)

[Anexo 1: Película Mediterráneo](#)

[Descargar Propuesta 2 INMIGRACIÓN](#)

[Guía](#)

[Anexo 1: Artículo adaptado: Un reto para la inmigración](#)

[Descargar Propuesta 3 INMIGRACIÓN](#)

[Guía](#)

[Anexo 1: Video: La migración una lacerante herida en las venas abiertas de A. Latina](#)

## 10. HOPE IS BOLD. Young people, a sign of hope.



We want to open our house...to welcome young people...to appreciate and to listen from the heart to the joys, hopes, and challenges that the young people of our surroundings experience through a dialogue with them. The proposal is a beautiful opportunity to approach the reality of young people, to discover how they live community and how they strengthen their identity with others. We also want to recognize in their searches, some personal and community calls and invitations that impel us to live our vocation of serving them with the challenges that it implies.

Two alternatives are offered for this topic, a **community meeting with young people** to dialogue with them or **conducting interviews with young people** and a subsequent dialogue in the community about their contributions.

[Descargar carpeta JÓVENES](#)

[Guía](#)

[Anexo 1: Video: Juventudes, ¿Quiénes son estas nuevas generaciones?](#)

[Anexo 2: Artículo: Los millenians. ¿Una generación de cristal?](#)

[Anexo 3: Desarrollo del panel con los/as jóvenes](#)

[Anexo 3: Canto “Surge valentía”](#)

[Anexo 4: Canto: “Somos uno”](#)

[Anexo 4: Letra canto “Somos uno”](#)

## 11. SEEDS OF TRANSFORMATION. Woman



A look at women and women's collectives that propose a communitarian feminism as an alternative to an individualistic society. The three proposals in this section encourage us to question ourselves about our own community identity as women.

The first proposal is to **listen to a song and then comment on it**. The second proposal is the reading and personal and community reflection of an **article on community feminism**. The third is looking more deeply at some **initiatives of women** who, in a communitarian way, are transforming their reality.

[Descargar Propuesta 1 MUJER](#)

[Guía](#)

[Anexo 1: Video “Dios es como una mujer” Cristóbal Fones sj](#)

[Anexo 2: Letra canción “Dios es como una mujer”](#)

[Descargar Propuesta 2 MUJER Feminismo comunitario](#)

[Guía](#)

[Anexo 1: Artículo “Feminismo comunitario” por Rocío Sánchez](#)

[Descargar Propuesta 3 MUJER Historias de mujeres](#)

[Guía](#)

[Anexo 1: Mujeres en la Amazonía](#)

[Anexo 2: Mujeres en África](#)

## 1B. To approach different experiences and processes in the Society, Teresian projects, Teresian family.

In this second section of the document we intend to make known different **experiences and processes that are generating a sense of community identity in the Society and, in general, in the Teresian family**. We hope that drawing near to the life of the Teresian sisters and these groups will encourage our hope as we become aware of how we are collaborating in the transformation of reality in different contexts.

The content of this section 1B is organized into **six aspects of the life of the Society and of the Teresian Family**. In each of them we present testimonies of sisters, lay people, communities and schools who share what they are living, what their experience brings to the journey of conversion towards a new awareness of our community identity, and the

challenges and concerns that present themselves for the Society and the Teresian Family at this time.

First of all, we offer the testimony of several of our **older sisters**, some **coordinators of communities of our older sisters or infirmaries** and of **several lay people** who are related to them. This reality of the Society can also help us to broaden our personal, community and provincial horizons, showing us the richness of the experience of common care in the midst of the vulnerability of old age and illness.

In addition, through other **testimonies and project presentations**, we will be able to get to know some of the educational entities, congregations and Church organizations with which the Society interacts and some intercultural and leadership projects in which several sisters have participated.

≈ For each topic the **video/s and a guide for community/group reflection** are provided.

As in section 1A, we suggest the two themes that we consider basic for the elaboration of the contributions. *In this case, we encourage all the communities to dedicate two sessions to the experiences of the **older sisters** and to **formation in synodal and intercultural leadership**.*

→ To complete the **option for the elaboration of contributions**, we suggest one more experience be chosen according to the preferences of the community or group. In other words, the work proposal for all the communities is as follows:

1. Our Older sisters. Listening to life given
2. Synodal and intercultural leadership. Listening to life in order to serve
3. Another topic to be chosen by the group/community.

→ **Option to continue deepening:** once the contributions to the Chapter have been sent, we encourage you to continue with the reflection on the Chapter theme using the rest of the materials of this section 1B that have not been worked on in the previous stage.

→ **Option to work in groups on specific topics of interest, either to go deeper or to send contributions:** All the videos and guides for reflection from the experiences will be available for groups who wish to use them, according to their interests or formation needs throughout the chapter year.

These are the experiences and projects available:

1. Older sisters. Listening to life given
2. Synodal and intercultural leadership. Listening to life in order to serve
3. Working with other organizations and congregations. Listening to life with others
4. Educational experiences. Listening to life that grows
  - a. Design for change



- b. Learning Communities
  - c. Learning and Service
  - d. Model United Nations
  - e. Global Education Pact
5. Indigenous Peoples of the Huasteca Zone of Mexico. Listening to life at its roots
  6. Presence in the Ecuadorian Amazon. Listening to the life of the earth

## **LINKS TO RESOURCES:**

### **1. OLDER SISTERS. LISTENING TO LIFE GIVEN**

[Guide](#)

[Appendix 1: graphic sisters](#)

[Video Listening to life given. Older Sisters](#)

[Appendix 3: Elderly Sisters prayer](#)

### **2. SYNODAL AND INTERCULTURAL LEADERSHIP. LISTENING TO LIFE IN ORDER TO SERVE**

[Guide](#)

[Video Listening to life in order to serve](#)

### **3. WORKING WITH OTHER ORGANIZATIONS AND CONGREGATIONS. LISTENING TO LIFE WITH OTHERS**

[Guide](#)

[Video Working with other organizations](#)

### **4. EDUCATIONAL EXPERIENCES. LISTENING TO LIFE THAT GROWS**

[Guide](#)

[Video Design for Change FET Salamanca – Gràcia](#)

[Video Learning communities. Los Cocos](#)

[Video Learning and Service. FET Mora de Toledo](#)

[Video Model United Nations Red de Colegios Teresianos – México](#)

[Video Global Education Pact Complexo escolar teresiano de Viana](#) (Portuguese)

### **5. INDIGENOUS PEOPLES OF THE HUASTECA ZONE OF MEXICO. LISTENING TO LIFE AT ITS ROOTS**

[Guide](#)

[Video Indigenous Peoples of the Huasteca](#)

## **6. PRESENCE IN THE ECUADORIAN AMAZON. LISTENING TO THE LIFE OF THE EARTH**

[Guide](#)

[Video Presence in the Ecuadorian Amazon 1](#)

[Video Presence in the Ecuadorian Amazon 2](#)

## 2. HOW MANY LOAVES OF BREAD DO YOU HAVE?... They all ate and were satisfied.

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*"Give them some food yourselves."  
But they said to him,  
"Are we to buy two hundred days' wages worth of food and give it to them to eat?"  
He asked them,  
"How many loaves do you have? Go and see..."*

*They all ate and were satisfied.  
Mk 6:32-44*

Based on what we experienced and shared in the previous section, and after reflection, in this second part we invite ourselves to ask: how many loaves of bread do we have? How can we multiply them by sharing and recreating what we are and what we have with others?

In this second part of our journey of reflection we propose several moments for personal and community discernment that will lead us to the elaboration of the contributions for the provincial chapters.

The Spirit, together with our teachers Henry and Teresa, have accompanied us on this journey, and now they invite us to stop again and listen more deeply to their voice in the here and now of our reality and of the Society.

### 2A. "How many loaves do you have? Go and see.

In section 2A, through a **prayerful reading of Teresa** and a **retreat**, we are invited to look at the journey we have made up to this moment, to gather what has been happening in each of us personally and as a community, and to ask ourselves about the invitations that the Spirit has been awakening in us.

[Meeting: Prayerful reading of Teresa of Jesus and community identity](#)

[Community retreat](#)

### 2B. "They all ate and were satisfied.

Section 2B will give us the guidelines for discernment, in community or as a group, and to elaborate contributions.

**Community or group meeting:** each sister, lay person, brings his/her contribution based on what has resonated with them and their notes gathered during the process. In the community, or group, the contributions are discerned and elaborated to be sent to the chapter.

[Discernment meeting](#)

[Worksheet model for the elaboration of the contributions to the chapters.](#)



## ACKNOWLEDGEMENTS

As we come to the end of this process of elaborating the document and the materials, we want to thank all the people who have made it possible. When we received the assignment to form the commission responsible for preparing the document for reflection on the Chapter invitation, we all felt grateful to be part of this project and, at the same time, aware that we could contribute from "the little" each one has.

We wanted the **elaboration of the document to be, from the beginning, a process of joint and participative construction with a large group of people to reflect the richness of the diversity that we are in the Society and in the Teresian family.** We would like to express our deepest gratitude for the warm response we received when we went to each person or group to ask for collaboration, and the quick responses and prompt deliveries that made it possible for the document to be in your hands now.

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Jury Estupiñán - Upe Hoyos -Michelle Pavón - Ana Quiñones - Carmen Rodríguez -
- And also:  
Educater - CIEST

### Shared their testimonies:

- M<sup>a</sup> Jesús Astorga - Adriano Beltrame Becker - María Angélica Bustamante - Luz del Carmen Lima
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– Cata Cerecedo - Josefa Cortez - Soledad Fernández Riesgo - Soledad Fernández-  
Marcote – Rosario Ferrer - Lourdes García - Pepi García - Teresa Gil - Sagrario Gómez  
- Martha González - Rosaura González –Rosana Guízar - Valentina Gutiérrez - Angelina  
Hernández - Cata Hernández - Evodia Hernández - Beatriz Herrera - Amelia Ibarra -  
Ivonne Joubert – Josefa Leyva - Carmen López - Martha Mejía - Elizabeth Martínez -  
Lucia Martínez - Josefina Matesanz - Mafalda Nanjulia - Isabel Ordoño – María del  
Pino Ortega - Columba Pedraza - Carmen Gloria Plasencia - Lourdes Quintãos – Elvira  
Reinosa - Cristina Robaina - Isabel Robles - Elvira Rodríguez - Judy Roxborough -  
Modesta Reyes - Clarice Suchy - María Tun –Maria Domingas Valemela

→ And also:

Teresianos de corazón Chile - Fundación Escuela Teresiana. Col·legi Sant Josep-Teresianes. Gràcia (Barcelona) – Fundación Escuela Teresiana. Colegio María Inmaculada. Mora de Toledo – Fundación Escuela Teresiana. Colegio Santa Teresa de Jesús. Salamanca - Complejo educativo Teresiano de Viana – Colegio Santa Teresa Los Cocos – América de Puebla – Colegio La Florida – Instituto Cultural – Enrique de Ossó Mérida.

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Laura Azpilicueta – Carmen Bruguera – Claudia Callejas – Cecilia Castillo - Giselle Gómez – Conceição Marques – Antónia Monteiro – Isabel Morelló – Virginia Mozo – Delia Palacios - María Ángeles Santorromán – Zilca Soares – Clarice Suchy

### **Designed the website and laid out the materials:**

→ Fernanda Mira – Francisco Rodríguez – Carlos Velasco

→ Sisters:

Guadalupe Galeano – Gema Meroño

**TO ALL PEOPLE AND INSTITUTIONS, THANK YOU.**

***Commission for the Chapter theme 2022-2023***

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**Rome, 15 October 2022**

**All of the resources cited can be found at:**

<https://sites.google.com/stjteresianas.org/xviiicapitulogeneral/home>